



ABOUT US

The UM-Linda Ray Intervention Center is a University-based Multidisciplinary Educational Services Center in partnership with Miami-Dade County Public Schools (MDCPS) and Florida's Early Steps program. We provide early intervention services, diagnostic evaluation, consultation, technical assistance, and pre-service and in-service training for families, teachers, school district personnel, and community support providers concerning children and youth with developmental delays or disabilities, complex medical, emotional, or behavioral problems.

Newsletter

APRIL 2024

OUR MISSION

The mission of the University of Miami Linda Ray Intervention Center is to support and facilitate positive developmental outcomes with high-quality services, thereby improving young children's school readiness, and future student achievement.



NURTURING PARENT PROGRAM

Congratulations to the first graduating cohort of our Parenting Program. Your dedication, resilience, and love have shone brightly throughout this journey, and we are so proud of this amazing group. We invite all parents/caregivers to take advantage of this incredible learning opportunity. The Nurturing Parenting Program for Parents and their Children with Special Needs & Health Challenges® is a group-based program that meets once a week for 12 weeks. The program is for parents of children (ages 0-5) with special needs and health challenges. Throughout the program we focus on helping families explore hopes & fears, developing effective parenting skills, enhancing communication, developing strategies for facing challenges, and recognizing opportunities for celebration.

Registration is open for our next cohort! If you are interested in registering, please consult with our Parenting Program Director, Krizia Warren- kwarren22@miami.edu.

As a parent, it is important to have a good relationship with your children but raising them can be challenging, especially if there wasn't a good example growing up. Parenting skills include being a teacher and a role model. Here are **5 parenting tips** that can help build a positive and nurturing relationship with your child:

1. **Spend Time with Your Child.** This shows your child that you care about them and that they are important to you.
2. **Listen to Your Child.** Take the time to hear what they have to say and respond in a way that shows you understand.
3. **Be Consistent.** Be consistent in your expectations, rules, and consequences.
4. **Be Positive.** Focus on the good things they do and praise them for their efforts. This helps your child feel good about themselves and encourages them to continue to do their best.
5. **Be A Parent, Not A Friend.** Parents are responsible for teaching their children right from wrong, and setting boundaries and limits. They provide guidance and support and help their children develop a sense of self-worth and self-esteem.



RESOURCES & SERVICES

- Training
- Direct intervention and consultation services
- Developmental screenings and assessments that help determine each child's needs
- Behavioral support strategies for school and home
- Classroom observations
- Transition planning support and linkages with Head Start, MDCPS, and Pre-K services
- Alternative options for your child's educational needs
- Evidence-based parenting program service



CHILD ABUSE PREVENTION MONTH

April is child abuse prevention month. Here are tips to work towards prevention:

1. Get involved with other parents in your community. Start a playgroup, that way you and your child will have support.
2. Discipline your children thoughtfully as it is a way to teach your child. Give yourself time to calm down before disciplining.
3. Examine your behavior. Both words and actions can inflict deep, lasting wounds. Be a nurturing parent.
4. Educate yourself and others. After-school activities, parent education classes, mentoring programs, and respite care can keep children safe from harm.
5. Teach children their rights. When children are taught they are special and have the right to be safe, they are less likely to think abuse is their fault and more likely to report an offender.
6. Know what child abuse is. Physical and sexual abuse, along with neglect or failure of parents/caregivers to provide a child with the necessities constitute of maltreatment, Children can also be emotionally abused when they are rejected, berated, or continuously isolated.
7. Report abuse. If you witness a child being harmed or see evidence of abuse, make a report to your state's child protective services department or local police.

STRESS AWARENESS MONTH

April marks as stress awareness month. Being a parent can have its stresses, but learning to manage your stresses can assist you in becoming the parent you want to be.

Here are some coping strategies:

- Connect with fellow parents who can relate.
- Ask for backup when you need it.
- Seek opportunities for fun.
- Don't ignore your stress and have a plan for how you cope.
- Identify your strengths and don't focus on the negatives.

ENROLLMENT IS OPEN!

Enrollment for the current and upcoming 2024-2025 school year is open. If you or anyone you know are interested in enrolling their child, contact: (305)-325-1818 or visit www.lindaraycenter.miami.edu

UPCOMING EVENTS

- April 8th- 12th: Registration Week
- April 9th: Parenting Program
- April 11th: Home Safety Training

| April 2024 | | | | | | |
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- Teacher Workday
- Recess Day (Closed)
- Legal Holiday

Location

750 NW 15TH ST
MIAMI, FL 33136-1431

Primary Service Areas

Miami-Dade County
Broward County
Monroe County

Contact Us

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