



Newsletter

NOVEMBER 2023

OUR MISSION

The mission of the University of Miami Linda Ray Intervention Center is to support and facilitate positive developmental outcomes with high-quality services, thereby improving young children's school readiness, and future student achievement.

LET'S EAT HEALTHY!

November is also known as diabetes awareness month. Diabetes is a disease that happens when blood sugar levels are too high. It can affect adults and children, and when not managed properly it can damage the eyes, kidneys, nerves, and heart. There are many ways to manage and prevent the disease, one being eating healthy.

- Make sure that your plates are full of color! It's important to have a variety of vegetables, fruits, grains, proteins, soy alternatives, and dairy in your diet. When choosing what to drink, make sure to get drinks that are full of nutrients.
- Getting children to eat their fruits and vegetables can be difficult. One way to get your infant/toddler to begin trying new healthy foods is exposure.
- Try eating a variety of foods in front of your child, placing the foods in front of your child when it's time to eat, and taking them with you to do grocery shopping. Exposing children to a variety of foods the world has to offer helps them become more familiar with foods; making it more likely they will want to try them.

If you have concerns about your child's eating pattern, please consult a doctor. Happy eating!

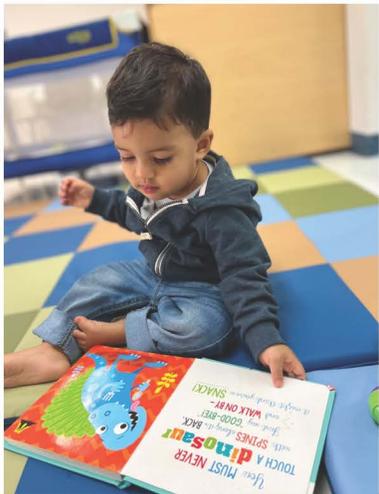
ABOUT US

The UM-Linda Ray Intervention Center is a University-based Multidisciplinary Educational Services Center in partnership with Miami-Dade County Public Schools (MDCPS) and Florida's Early Steps program. We provide early intervention services, diagnostic evaluation, consultation, technical assistance, and pre-service and in-service training for families, teachers, school district personnel, and community support providers concerning children and youth with developmental delays or disabilities, complex medical, emotional, or behavioral problems.



RESOURCES & SERVICES

- Training
- Direct intervention and consultation services
- Developmental screenings and assessments that help determine each child's needs
- Behavioral support strategies for school and home
- Classroom observations
- Transition planning support and linkages with Head Start, MDCPS, and Pre-K services
- Alternative options for your child's educational needs



CHILDREN’S BOOK WEEK

Children’s Book Week is a week-long celebration, starting November 6th that aims to promote the joy of reading to children and highlight the importance of books in their lives. How you can participate:

- **Read together:** Spend time reading with your child.
- **Visit the Library:** Go to your local library and explore the children’s book section. Libraries usually host special events around this week.
- **Book-themed Activities:** Engage in book-related activities, like storytelling sessions, puppet shows, or arts and crafts inspired by children’s literature.



THANKSGIVING

Thanksgiving is a holiday that focuses on being thankful and spending time with loved ones. You can involve your child in preparation activities, such as cooking or baking. Not only is it a great opportunity for quality time and creating memories together, but it is also a great activity that increases tolerance for tactile sensory.

Have a Happy Thanksgiving!

UPCOMING EVENTS

- November 17th: Thanksgiving Pie Party

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- Teacher Workday
- Recess Day (Closed)
- Legal Holiday

Location

750 NW 15TH ST
MIAMI, FL 33136-1431

Primary Service Areas

Miami-Dade County
Broward County
Monroe County



Contact Us

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