



# Newsletter

FEBRUARY 2023

## OUR MISSION

The mission of the University of Miami Linda Ray Intervention Center is to support and facilitate positive developmental outcomes with high-quality services, thereby improving young children's school readiness, and future student achievement.



## SOCIAL-EMOTIONAL SKILLS

Social-emotional skills are essential for connecting with others in our everyday lives. They help you manage stress and anxiety, feel empathy, resolve conflicts, make friends, and keep friendships. This is a skill that is learned beginning at birth. Babies start to develop an understanding of feelings by interacting with the people who care for them. They are picking up on how you respond to their social and emotional needs. They learn things such as feeling safe in your presence, empathizing, responding to the emotions of others, and saying "I'm sorry."

It takes time for social-emotional skills to develop. Early experiences with family, caregivers, and peers have a great impact on social and emotional development. However, throughout our lives we will continue to be shaped by our experiences and our skills will continue to grow and develop.

## ABOUT US

The UM-Linda Ray Intervention Center is a University-based Multidisciplinary Educational Services Center in partnership with Miami-Dade County Public Schools (MDCPS) and Florida's Early Steps program. We provide early intervention services, diagnostic evaluation, consultation, technical assistance, and pre-service and in-service training for families, teachers, school district personnel, and community support providers concerning children and youth with developmental delays or disabilities, complex medical, emotional, or behavioral problems.



## RESOURCES & SERVICES

- Training
- Direct intervention and consultation services
- Developmental screenings and assessments that help determine each child's needs
- Behavioral support strategies for school and home
- Classroom observations
- Transition planning support and linkages with Head Start, MDCPS, and Pre-K services
- Alternative options for your child's educational needs



### TIPS ON HOW TO HELP YOUR CHILD'S SOCIAL-EMOTIONAL DEVELOPMENT

- **Model:** Modeling emotions and behaviors you want your child to show.
- **Use stories:** Talk to your child about different social situations and how each person may be feeling.
- **Be responsive:** Responding to your child's emotions and behaviors will help develop trust.
- **Play games:** Use play as a way to help teach your child to take turns, win and lose, and share.
- **Encourage:** They will learn how much they can do by trying new things.
- **Ask open-ended questions:** Ex: "What would you do?" In order to help problem-solving skills.



### BABY DOLL CIRCLE TIME

Here at the center, we engage in baby doll circle time created by Dr. Becky A. Bailey. This is an activity where our children experience being a nurturer by interacting with their baby dolls the way adults would interact with them. It focuses on building connection through eye contact, gentle, appropriate touch, being present in the moment, and playful interaction. The goal of baby doll circle time is to strengthen attachment, increase self-regulation, promote trust, and foster attunement skills.

### UPCOMING EVENTS

- February 6th-10th: Spirit Week
- February 7th: Picture Day
- February 22nd: Health Fair: Home Safety
- February 28th: Turn Taking Training

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

- Teacher Workday
- Recess Day (Closed)
- Legal Holiday

### Location

750 NW 15TH ST  
MIAMI, FL 33136-1431

### Primary Service Areas

Miami-Dade County  
Broward County  
Monroe County

### Contact Us

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