

Brighter Tomorrows

for South Florida's children and families in need



UNIVERSITY OF MIAMI
**LINDA RAY
INTERVENTION CENTER**

FDLRS-UM Newsletter

Volume 10, Issue 1 August 2022

Resources at the Center:

- Developmental screenings and assessments help determine each child's needs
- Individualized behavioral support strategies for school and home
- Transition planning support and linkages with Head Start and Pre-K services
- Alternative options for your child's educational needs

The UM-Linda Ray Intervention Center (LRIC) is a University-based Multidisciplinary Educational Services Center within the Department of Education's Florida Diagnostic and Learning Resources System. Additionally, the center is an Early Intervention Birth-Two Provider under the state's Early Steps program for young children with disabilities. The UM-Linda Ray Intervention Center is part of the University's Department of Psychology within the College of Arts and Sciences.

BACK TO SCHOOL!

Welcome back parents and students for the
2022–2023 school year!



TIPS FOR SUCCESS



1. Prepare and plan ahead of time.
2. Plan bedtime and wake-up routine in advance.
3. Get acquainted with your child's teacher and let them know you want to be an active partner in helping your child to learn and grow.
4. Be Calm.
5. Be Positive.
6. Be supportive.

August 2022

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

September 2022

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

- Teacher Workday
- Legal Holiday
- Recess Day (closed)

CENTER NAME and LOCATION:

UM-Linda Ray Intervention Center
750 NW 15th Street, Miami FL 33136-1431

PRIMARY SERVICE AREA: Miami-Dade, Broward and Monroe Counties

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SENSORY PLAY

Children begin using their senses from birth to early childhood to explore their world and make sense of what they are experiencing. From an early age, they develop the ability to process environmental information and create adaptive responses to the world that surrounds them. Providing opportunities for a child to actively use their senses through play is crucial to brain development, which eventually leads to achievement of more complex learning tasks, supports cognitive development, language development, social skills, and problem-solving abilities.

Any activity that stimulates a child's senses is considered Sensory Play. Sensory play can be done at home and in the classroom, as well as both indoors and outdoors. Here are some exciting sensory play activities you can do at home with your child as they adjust to a new school year!

1. **Sensory bins:** fill a shoe box or any kind of box with sprinkles, cotton balls, rice.. anything! and have your child feel, dig, scoop, pour, the contents using spoons, lids, etc. You can create a sensory bin with virtually anything you find in your home, as long as your child is safely exploring different textures.

2. **Bubbles!** Simply blowing bubbles is an exciting sensory experience. This activity also allows you to connect with your child through anticipation. For example, counting down the bubbles or having them ask you for 'more' promote simple back-and-forth interaction between you and your child. They'll also be able to feel the bubbles pop all over their bodies and can process the wet, slimy sensation.

3. **Toy washes:** Grab soap, water, and a sponge or any scrubbing tool and have your child scrub their toys until they are squeaky clean! Use toy cars for a 'car wash' and watch your child's play and sensory abilities soar.

Get moving! Sensory play can also be achieved outdoors by taking time to run, hop/jump, climb, and swing outside. Movement is a simple way to stimulate various senses and promote regulation, connection, and interaction.

How Our Services Are Unique

The Center provides specialized, multidisciplinary services virtually or in person that include:

- ◆ Direct services to children, youth, families, and educators to improve student outcomes.
- ◆ Multidisciplinary diagnostic evaluation services for young children with complex educational, behavioral, medical, and socio-emotional problems impacting learning and acquisition of skills.
- ◆ Direct intervention and consultation services for families and children aimed at improving student learning, skill development, and outcomes through implementation of evidence-based interventions.
- ◆ Classroom observations of individual students to build a collaborative action plan intended to improve instructional delivery and student success.
- ◆ Technical assistance to individual teachers for implementing recommended interventions and strategies.
- ◆ Training for community providers and district staff.